



## NEW BASKETBALL LEAGUES FORMAT

Players will learn the basics of basketball including shooting, dribbling, passing, and game rules. Game concepts including offense and defense will be introduced and developed as players' skill levels develop. All skills and equipment will be age appropriate.

*No team may participate in another YMCA league with 5 or more of the same players simultaneously. If violated the team will forfeit 1 game, and is subject to dismissal and loss of team fees.*

*Schedule will be evaluated and is subject to change based on game results. Teams may be moved based off of registration and game results, coaches will be contacted.*

*All teams must wear YMCA provided jerseys.*

## COMPETITIVE LEAGUE

DEVELOPMENTAL LEAGUE	Gold Division (Very Competitive)	Silver Division (Competitive)
<ul style="list-style-type: none"> <li>• Participants with less than 3 seasons of experience</li> <li>• Modified rules</li> <li>• Participants sign up for preferred practice time, 1 adult can register up to 3 children</li> <li>• Emphasis is on developing skills, sportsmanship, and fun!</li> </ul>	<ul style="list-style-type: none"> <li>• Participants with at least 3 seasons of experience</li> <li>• 50% of team has 2 years experience playing together as a team</li> <li>• Tournament experience as a team</li> <li>• Follow High School rules</li> <li>• Must turn in complete roster. Minimum of 6 players</li> </ul>	<ul style="list-style-type: none"> <li>• Newly formed teams</li> <li>• Low amount of tournament experience</li> <li>• Follow High School rules</li> <li>• Must turn in complete roster. Minimum of 6 players</li> </ul>

## HOW DOES THE SIGN-UP WORK

DEVELOPMENTAL LEAGUE	COMPETITIVE LEAGUE
<ul style="list-style-type: none"> <li>• Registration for members begins November 25</li> <li>• Registration for non-members begins November 28</li> <li>• Registration closes December 16</li> <li>• Participants can register on-line or at the East Members Service Desk</li> <li>• Participants register for a preferred practice time</li> <li>• One adult can register up to 3 children</li> </ul>	<ul style="list-style-type: none"> <li>• Registration begins November 25</li> <li>• Registration closes December 16</li> <li>• Rosters are available for download on-line or at the East Members Service Desk</li> <li>• Organize your team, and complete the roster form with all information requested on the form (A minimum of 6 players is required)</li> <li>• All payments for each player on the roster MUST be made at the time of registration</li> <li>• Turn in completed roster form to the East Members Service Desk by December 16</li> </ul>