



# YDC Mandan Menu

## January 2019

Milk: 1% Milk (ages 2+) / Whole Milk (ages 1-2)

Items marked with an \* are whole grain rich

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1/1</b>  <b>YDC Locations Closed</b>	<b>1/2</b> <b>Breakfast</b> Life* Applesauce Milk  <b>Snack</b> Chex Mix* Cheddar Cheese Square	<b>1/3</b> <b>Breakfast</b> English Muffin* Pears Milk  <b>Snack</b> Cheez-It Crackers* Milk	<b>1/4</b> <b>Breakfast</b> Kix* Pineapple Milk  <b>Snack</b> String Cheese Fresh Pears
	<b>1/7</b> <b>Breakfast</b> Frosted Mini Wheats* Peaches Milk  <b>Snack</b> Pretzel Goldfish Crackers* Oranges	<b>1/8</b> <b>Breakfast</b> Waffle Applesauce Milk  <b>Snack</b> Cheddar Chex Mix* Milk	<b>1/9</b> <b>Breakfast</b> Cheerios* Mandarin Oranges Milk  <b>Snack</b> Teddy Grahams* Milk	<b>1/10</b> <b>Breakfast</b> Toast* & Jelly Pineapple Milk  <b>Snack</b> Mini Pretzels String Cheese
<b>1/14</b> <b>Breakfast</b> Rice Krispies Pears Milk  <b>Snack</b> Chex Mix* Cheddar Cheese Square	<b>1/15</b> <b>Breakfast</b> Bagel* Peaches Milk  <b>Snack</b> Banana Yogurt	<b>1/16</b> <b>Breakfast</b> Life* Mandarin Oranges Milk  <b>Snack</b> Goldfish Crackers Milk	<b>1/17</b> <b>Breakfast</b> English Muffin* Applesauce Milk  <b>Snack</b> Whole Grain Crackers* Cheese Slice Milk	<b>1/18</b> <b>Breakfast</b> Kix* Pineapple Milk  <b>Snack</b> String Cheese Fresh Pears
<b>1/21</b> <b>Breakfast</b> Frosted Mini Wheats* Pears Milk  <b>Snack</b> Mini Pretzels Fresh Oranges	<b>1/22</b> <b>Breakfast</b> Waffle Peaches Milk  <b>Snack</b> Cheez-it Crackers* Milk	<b>1/23</b> <b>Breakfast</b> Cheerios* Pineapple Milk  <b>Snack</b> Animal Crackers Milk	<b>1/24</b> <b>Breakfast</b> Toast* & Jelly Applesauce Milk  <b>Snack</b> Apples Sunbutter	<b>1/25</b> <b>Breakfast</b> Corn Chex* Tropical Fruit Milk  <b>Snack</b> Chex Mix* String Cheese
<b>1/28</b> <b>Breakfast</b> Corn Flakes* Applesauce Milk  <b>Snack</b> Banana Animal Crackers	<b>1/29</b> <b>Breakfast</b> Bagel* Peaches Milk  <b>Snack</b> Teddy Grahams Milk	<b>1/30</b> <b>Breakfast</b> Life* Mandarin Oranges Milk  <b>Snack</b> Cheddar Chex Mix String Cheese	<b>1/31</b> <b>Breakfast</b> English Muffin* Pineapple Milk  <b>Snack</b> Cheese-It Crackers* Milk	<b>Breakfast</b> Kix* Tropical Fruit Milk  <b>Snack</b> Pretzel Goldfish Crackers* Fresh Pears